



Review Article on Loco-regional Therapy for Metastatic Breast Cancer

Neurosurgery for brain metastasis from breast cancer

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Contributions: (I) Conception and design: Y Tomita, K Kurozumi; (II) Administrative support: K Kurozumi; (III) Provision of study materials or patients: Y Tomita, K Kurozumi; (IV) Collection and assembly of data: Y Tomita; (V) Data analysis and interpretation: Y Tomita; (VI) Manuscript writing: All authors; (VII) Final approval of manuscript: All authors.

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Abstract: Breast cancer is the most common malignancy among women worldwide, and the main cause of death in patients with breast cancer is metastasis. Metastasis to the central nervous system occurs in 10% to 16% of patients with metastatic breast cancer, and this rate has increased because of recent advancements in systemic chemotherapy. Because of the various treatments available for brain metastasis, accurate diagnosis and evaluation for treatment are important. Magnetic resonance imaging (MRI) is one of the most reliable preoperative examinations not only for diagnosis of metastatic brain tumors but also for estimation of the molecular characteristics of the tumor based on radiographic information such as the number of lesions, solid or ring enhancement, and cyst formation. Surgical resection continues to play an important role in patients with a limited number of brain metastases and a relatively good performance status. A single brain metastasis is a good indication for surgical treatment followed by radiation therapy to obtain longer survival. Surgical removal is also considered for two or more lesions if neurological symptoms are caused by brain lesions of >3 cm with a mass effect or associated hydrocephalus. Although maximal safe resection with minimal morbidity is ideal in the surgical treatment of brain tumors, supramarginal resection can be achieved in select cases. With respect to the resection technique, *en bloc* resection is generally recommended to avoid leptomeningeal dissemination induced by piecemeal resection. An operating microscope, neuronavigation, and intraoperative neurophysiological monitoring are essential in modern neurosurgical procedures, including tumor resection. More recently, supporting surgical instruments have been introduced. The use of endoscopic surgery has dramatically increased, especially for intraventricular lesions and in transsphenoidal surgery. An exoscope helps neurosurgeons to comfortably operate regardless of patient positioning or anatomy. A tubular retractor can prevent damage to the surrounding brain tissue during surgery and is a useful instrument in combination with both an endoscope and exoscope. Additionally, 5-aminolevulinic acid (5-ALA) is a promising reagent for photodynamic detection of residual tumor tissue. In the near future, novel treatment options such as high-intensity focused ultrasound (HIFU), laser interstitial thermal therapy (LITT), oncolytic virus therapy, and gene therapy will be introduced.

Keywords: Metastatic brain tumor; breast cancer; neurosurgical technique

Submitted Oct 20, 2019. Accepted for publication Mar 13, 2020.

doi: [10.21037/tcr.2020.03.68](https://doi.org/10.21037/tcr.2020.03.68)

View this article at: <http://dx.doi.org/10.21037/tcr.2020.03.68>

Introduction

Breast cancer is the most common malignancy among women worldwide, and a recent database review showed that 20% to 30% of patients with breast cancer develop metastasis as the main cause of death (1,2). Approximately 10% to 16% of patients with metastatic breast cancer develop brain metastases (3,4), and this rate is increasing as more people are living longer with a primary diagnosis (5). Most patients with brain metastasis have shorter survival because of progressive systemic disease or uncontrolled neurological disease. The median survival of patients with breast cancer after relapse in the central nervous system ranges from 5 to 14 months (6). Recent advancements in adjuvant treatments such as anti-human epidermal growth factor receptor-2 (anti-HER-2) monoclonal antibody have made extracranial lesions more controllable, thus increasing the likelihood that brain metastasis is the first site of recurrence and that appropriate treatment of brain metastasis will lead to longer survival (7). The treatment of brain metastasis includes corticosteroids, surgery, radiosurgery or radiotherapy, chemotherapy, and immunotherapy. Surgical treatment of brain metastasis has been significantly developed with advancements in supporting neurosurgical tools and technologies. The purpose of this review is to discuss the characteristics and surgical treatment of metastatic brain tumors from breast cancer.

Characteristics of metastatic brain tumors of breast cancer

Imaging modalities are necessary to detect and differentiate cerebral neoplasms from other nonmalignant tumors. Intracranial metastases typically show enhancement with contrast reagent because of destruction of the blood-brain barrier. Metastases generally occur as cortical or subcortical lesions because of hematogenous spread and often start as smaller and solidly enhancing lesions that become ring-enhancing lesions secondary to necrosis (8). Many common malignancies, including breast, colon, renal cell, and thyroid cancers, often develop a single brain metastasis, whereas lung cancer and melanoma are more likely to develop multiple brain tumors (9). Nodular solid enhancement can be found in a variety of pathologies, including metastatic disease, lymphoma, sarcoids, vasculitides such as Behçet's disease, demyelinating disorders, and bacterial or fungal infections (10). In contrast, the most common etiology of

ring-enhanced lesions is high-grade glioma (40%), followed by metastases (30%), abscesses (8%), and demyelinating disease (6%) (11). Standard magnetic resonance imaging (MRI) sequences such as T2-weighted imaging, diffusion-weighted imaging, and contrast-enhanced T1-weighted imaging can distinguish between metastases and other clinical conditions, although differentiating a single metastasis from a glioblastoma remains a top diagnostic challenge. Pope (10) reviewed the neuroimaging features of metastatic brain tumors and found that magnetic resonance spectroscopies and relative cerebral blood volumes seem to help differentiate metastases from glioblastomas.

MRI is one of the most reliable modalities with which to evaluate metastatic brain tumors, although very few studies in the literature have reported the relationships between MRI features and the histology of tumors. Yeh *et al.* (12) retrospectively analyzed the MRI features of brain metastasis from different subtypes of recurrent breast cancer for subclassification. In that study, the patients were categorized as having luminal type, HER-2-enriched type, or triple-negative breast cancers, and all MRI examinations were performed on a 1.5-Tesla MRI scanner. Both the patients with luminal type cancers and those with HER-2 enriched type cancers showed solid tumors with or without perifocal edema, whereas most patients with triple-negative breast cancers showed distinct features of cystic and necrotic lesions. Brain metastatic lesions frequently show characteristics different from those of the primary tumor histologically and genetically (13-15), indicating that MRI is a desirable modality with which to explore the tumor nature of brain metastasis (12).

Tumor invasion into surrounding central nervous system tissues should be considered when resecting brain tumors. Glioblastoma, one of the primary central nervous system tumors, is difficult to totally remove surgically because tumor cells can infiltrate the surrounding tissue far beyond the tumor core (16). In contrast, metastatic brain tumors are less invasive. Baumert *et al.* (17) histologically evaluated the invasiveness of metastatic brain tumors and found that breast cancer infiltrated the surrounding tissue up to 1 mm from the tumor core. Therefore, gross total removal of breast cancers can be achieved by resecting the tumor with an additional margin from the tumor border.

Indications for surgical treatment

Surgical resection continues to play an important role in

patients with a limited number of brain metastases and a relatively good performance status. In the early 1990s, three randomized trials on single brain metastasis were conducted to evaluate the efficacy of surgical resection followed by whole-brain radiation therapy compared with whole-brain radiation therapy alone, and the data indicated that surgical resection significantly prolonged overall survival in patients without active systemic disease and with a higher Karnofsky performance status (18-20). According to the JCOG0504 trial, surgical resection followed by salvage stereotactic radiosurgery (SRS) has been established as a standard therapy for patients with fewer brain metastases (21). SRS is also the effective alternative to surgical treatment for a single metastasis (22,23), but the higher doses of SRS increase the risk of the late effect of radiation necrosis (24). In addition, brain edema caused by metastatic brain tumors resolves significantly faster after surgical resection than after SRS (25). Moreover, in patients with neurological symptoms caused by brain lesions of >3 cm with a mass effect or associated hydrocephalus, surgical resection can immediately alleviate these symptoms (26). Instead, surgical resection followed by SRS can be considered as standard treatment in patients with a few (three or fewer) brain metastases, mainly with lesions of >3 cm in diameter (26).

The Congress of Neurological Surgeons published guidelines for the surgical treatment of metastatic brain tumors (23,27). In these guidelines, the indication for surgical resection of metastatic brain tumors is considered separately according to whether the patient has a single tumor or multiple tumors. Surgery followed by whole-brain radiation therapy is recommended as the first-line treatment in patients with a single brain metastasis with a favorable performance status and limited extracranial disease. In patients with multiple brain metastases, however, tumor resection is recommended only in patients with symptomatic lesions with a mass effect or hydrocephalus. The Japan Society for Neuro-Oncology also recently disclosed clinical guidelines for metastatic brain tumors (28). For a single brain lesion, surgical treatment is considered equivalent to radiation therapy. Tumor removal is also recommended in patients with two to four brain metastases if they have a higher Karnofsky performance status and the tumor locations are resectable. For patients with five or more brain lesions, the indication for surgical resection is limited to those in whom surgery is expected to provide functional and survival benefits. These guidelines are

expected to change with the emergence of new treatment modalities in the near future.

Surgical strategy for metastatic brain tumors

Complete removal of metastatic brain tumors, termed gross total resection (GTR), is the ideal goal in surgical treatment. According to the latest guidelines published by the Congress of Neurological Surgeons, GTR is recommended over subtotal resection to improve overall survival and prolong the time to recurrence (23). However, recurrence affects about 20% of patients even after treatment with GTR followed by SRS (29). In contrast to diffusely invading tumors such as gliomas, metastatic brain tumors are more often well demarcated masses surrounded by gliotic tissue (26). Several reports have shown that supramarginal resection achieved by additional 5-mm surrounding tissue resection from the tumor edge improved the local control rate compared with conventional GTR (30-32). Even for brain metastasis in eloquent areas, supramarginal resection can be achieved with awake surgery in many cases (33). However, supramarginal resection cannot prevent temporary deficits such as supplementary motor area syndrome even with intraoperative neurophysiological monitoring or awake surgery (34). Therefore, deliberative planning for maximal safe resection with minimal tissue trauma is ideal for both surgeons and patients.

Tumor resection is usually performed either in a piecemeal fashion or *en bloc* fashion. Piecemeal resection involves debulking the mass and subsequently removing the capsule, which is traditionally performed. Although this technique can achieve GTR, it is associated with a risk of local recurrence and dissemination. Suki *et al.* (35,36) evaluated the rate of leptomeningeal disease after resection of supra- and infratentorial metastasis and found that only 5.7% of patients who had undergone *en bloc* resection developed leptomeningeal disease compared with 13.9% of patients who had undergone piecemeal resection. In *en bloc* resection, the tumor is safely dissected along the brain-tumor interface, avoiding exposure of the tumor itself to the surrounding tissue (37). However, this recurrence-lowering effect of *en bloc* resection is diminished in the surgical treatment of tumors larger than 9.71 cm³ (38). Additionally, piecemeal resection is inevitable in certain situations, such as tumors that are adherent to or infiltrating eloquent areas (39). Based on these reports, *en bloc* tumor resection is

basically recommended to decrease leptomeningeal disease when resecting a single brain metastasis (23).

Resection of cystic tumors

Cystic brain metastasis of breast cancer is associated with a poor prognosis (40). In the surgical treatment of cystic tumors, entire removal of the cyst wall is necessary to achieve GTR because of the higher risk of leptomeningeal dissemination (41). Cyst puncture is sometimes performed to decompress the tumor during surgery, but the boundary between the tumor and the surrounding brain tissue becomes indistinct by cyst shrinkage. Tomita *et al.* (42) introduced a technique for visualization of the inner cyst wall by injection of pyoktanin blue solution diluted in 0.3% saline. Although tumor dissemination is a potential concern when performing cyst puncture, solidification with fibrin glue might prevent dissemination and enable easier dissection of the tumor from the surrounding brain tissue (43).

Supporting devices for safe GTR

Microscopic surgery

Operative equipment with which to clearly observe the surgical field is essential in modern neurosurgery. An operating microscope provides detailed views of the neurovascular microstructures, and such microscopes have been routinely adopted worldwide for almost all cranial and spinal surgeries (44-46). Moreover, the microscope can be linked to other image-guiding instruments. Fluorescein or indocyanine green with the dedicated microscope filter can help to increase the extent of resection in patients with cerebral metastasis (47,48).

Neuronavigation

The use of an intraoperative frameless stereotactic navigation device, so-called “neuronavigation”, has been developed as an essential tool for complicated interventions including the surgical treatment of malignant tumors during the past few decades (49,50). A neuronavigation system allows the surgeon to relate the physical location of a tumor with the preoperative images such as computed tomography, MRI, positron emission tomography, and functional MRI (51). This enables an understanding of the surgical target and surrounding brain tissue anatomy and

identification of the resection site (*Figure 1A,B,C*). There are two types of neuronavigation: optical neuronavigation and electromagnetic neuronavigation. The optical system allows the use of a variety of metal tools during surgery. However, the advantage of electromagnetic neuronavigation is elimination of the optical line-of-sight problem (52-54). The usefulness of electromagnetic neuronavigation is especially evident during endoscopic surgery for sellar lesions and ventricular lesions (55-57). The accuracy is high and comparable for both types of neuronavigation (58). One limitation of using a navigation system is that brain shift reduces the accuracy of surgical guidance. Brain shift is caused by cerebrospinal fluid leakage after cutting the dura mater, gravity, and the shift of surrounding brain tissue back to the resection cavity (59-61). Gerard *et al.* (51) reviewed 26 studies focusing on brain shift in neurosurgical intervention. No universal measurement technique was available to detect brain shift; thus, the degree of maximal brain shift widely ranged from 2.3 to 30.9 mm. In their review, Gerard *et al.* (51) concluded that one of the causes of brain shift is localization error of the pointer or measuring tool. Registration error immediately after patient-to-image registration reportedly ranges from 1 to 6 mm (62). Several techniques to minimize the influence of brain shift have been reported. Intraoperative MRI, which provides real-time feedback on the extent of resection and residual neoplasm, can overcome the brain shift problem by updating the source images used for neuronavigation (63,64). Additionally, the navigation-guided fence post procedure before cutting of the dura mater is a useful and safe technique to avoid brain shift during tumor resection (65). Several recent reports have indicated that intraoperative ultrasound combined with neuronavigation can improve the accuracy of neuronavigation during the surgery (66,67).

Neurophysiological monitoring

The use of intraoperative neurophysiological monitoring is essential to predict and prevent postoperative neurological deficits. Effective intraoperative mapping and monitoring techniques have developed in the context of glioma surgery (68-71). The purpose of intraoperative monitoring is to reliably identify cortical areas and subcortical pathways including motor, sensory, language, and cognitive functions (72,73), which leads to safe maximal resection of the tumor. A prospective controlled study showed that the use of intraoperative monitoring could achieve an equivalent

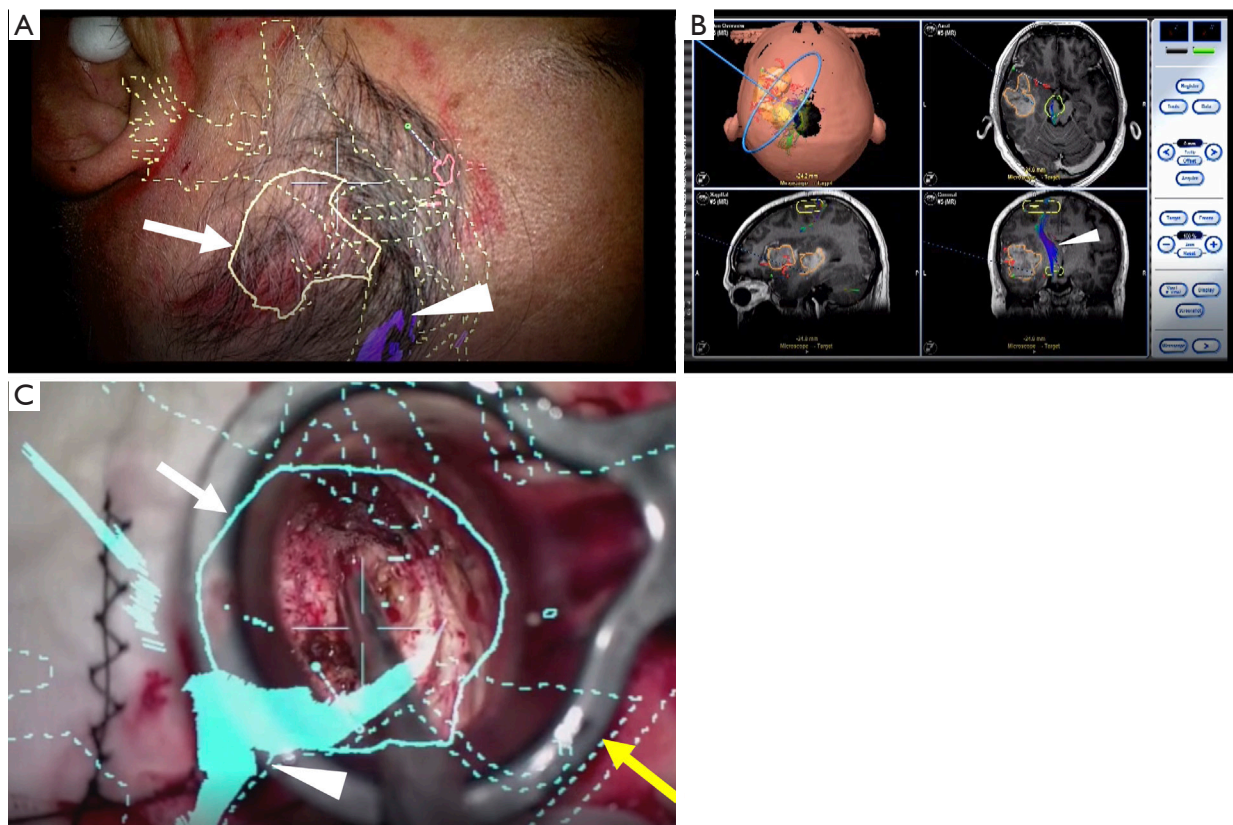


Figure 1 Representative case using an optical navigation system. (A) Microscopic view before skin incision, (B) intraoperative navigation image, and (C) intraoperative microscopic view. The microscope linked to the neuronavigation system displays the tumor boundary (arrow) and motor fiber (white arrowhead). A tubular retractor is used in combination (yellow arrowhead). Based on Kurozumi K. Proper use of optical or electromagnetic neuronavigation system in neurosurgery. *Curr Pract Neurosurg* 2017;83-8; with permission.

extent of resection in both eloquent and non-eloquent areas (74). Zhang *et al.* (71) retrospectively evaluated the long-term functional and survival outcomes of patients with glioma after tumor resection with intraoperative neurophysiologic monitoring and reported that localization of gliomas in eloquent areas should no longer be viewed as a poor prognostic factor. Intraoperative monitoring of the motor systems was recently reported to help reduce surgery-related motor deficits also for surgical resection of metastatic brain tumor (75-77). For metastatic brain tumors, supramarginal resection including additional removal of the adjacent brain tissue is desired to prevent local recurrence (30,32). Therefore, intraoperative neurophysiological monitoring provides important functional information during resection of tumors, especially when the extent of

resection reaches an eloquent area (77).

Leading-edge surgical instruments and techniques

Endoscope and exoscope

During the past two decades, endoscopic surgery has dramatically increased, especially in surgery for intraventricular lesions and in transsphenoidal surgery. Additionally, the visualization of deep structures is often better with an angled endoscope than a microscope (78). An endoscope has several characteristics that complement those of a microscope, making an endoscope a useful adjunct to microsurgery with a microscope (79,80). Recently, exoscope

systems such as the video telescope operating monitor (VITOM; Karl Storz GmbH & Co., Tuttlingen, Germany) and ORBEYE (Sony Olympus Medical Solutions, Tokyo, Japan) were introduced as an alternative to a microscope and an endoscope. An exoscope enables surgeons to stand upright in a comfortable head-up position during surgery regardless of patient positioning or anatomy and provides outstanding image quality in a display (81-84). Moreover, development of three-dimensional technology in the exoscope provides a high perception of depth and surgical dissection techniques comparable with those of a microscope (85-88). Several studies have shown the effectiveness of an exoscope for surgical resection of metastatic brain tumors (89,90). In the future, all surgeries will be performed with a microscope, endoscope, exoscope, or a combination of these modalities according to the tumor site.

Tubular retractor

During surgical treatment of deep-seated lesions, obtaining a safe corridor into the tumor and visualizing the interface between the tumor and surrounding structures are important (91). Various kinds of brain retraction systems combined with a microscope or endoscope have been introduced to achieve these goals. The self-retaining retraction system was first introduced by Greenberg (92) in 1981. This system is widely used in brain surgery, although it is associated with a risk of brain infarction and brain damage due to excessive brain retraction pressure (93-95). Many recent reports have indicated the effectiveness of tubular retractors such as the ViewSite (Vycor Medical Inc., Boca Raton, FL, USA) (*Figure 1C*) (55,96-101). The ViewSite tubular retractor has a plastic body with a tapered end, which allows adjacent tissue to be visualized. Additionally, the ViewSite tubular retractor can be held with a self-retracting arm to prevent shifting of the operative field (101). Moreover, an endoscope and modified surgical instruments for endoscopic surgery can overcome the disadvantage of limited working space by the ViewSite retractor itself (55). The use of tubular retractors with an exoscope has recently shown promising results in the surgical resection of metastatic brain tumors (89,90,102).

Photodynamic detection

Increasing attention has recently been given to 5-aminolevulinic acid (5-ALA) (103-107), a precursor

molecule in the heme biosynthetic pathway. Previous studies have demonstrated that both primary and metastatic brain tumors preferentially take up exogenous 5-ALA and store it as protoporphyrin IX (108,109). Several studies have demonstrated the usefulness of 5-ALA for surgical resection of metastatic brain tumors, including breast cancer (110-113). Marbacher *et al.* (113) assessed the frequency of positive 5-ALA fluorescence in a cohort of patients with metastases and found that 71% of the metastatic brain tumors from breast cancer were 5-ALA fluorescence-positive. Another study showed that the fluorescence intensity of 5-ALA was high in both the sentinel lymph node and primary lesion of breast cancer; thus, 5-ALA shows promise in the detection of metastatic tumors from breast cancer (114). Moreover, the combination of fluorescence and intraoperative monitoring has been shown to be effective with respect to resection radicality and functional preservation (115).

Future directions

High-intensity focused ultrasound (HIFU)

HIFU was recently proposed as a type of thermal therapy. HIFU has been successfully applied to the treatment of essential tremor (116). Modern HIFU treatment systems, called MRI-guided focused ultrasonography (MRgFUS) units, have evolved to include intraprocedural anatomy- and temperature-sensitive MRI guidance and hemispherical multi-element phased-array transducers, leading to accurate coagulation against the lesion (117). In the field of neurology, MRgFUS has been approved by the US Food and Drug Administration (FDA) for the treatment of essential tremor, chronic neuropathic pain, parkinsonism, and Parkinson's disease. MacDonald *et al.* (72) reported the clinical application of MRgFUS in three patients with glioblastoma, which was the first time that an ultrasound beam was focused in a brain tumor through an intact skull. Additionally, Coluccia *et al.* (118) reported the effectiveness and safety of MRgFUS for recurrent glioblastoma. Regarding the application of MRgFUS to metastatic brain tumors, two clinical trials (NCT 00147056 and NCT 01473485: clinicaltrials.gov) are currently ongoing to verify the safety and efficacy of MRgFUS against brain tumors, whereas the reporting of another study's findings is pending (NCT01698437). Moreover, HIFU has been used for palliation in patients with bone metastasis and in the treatment of breast cancer (119). MRgFUS can

temporarily permeabilize the blood-brain barrier by its non-thermal effects on the targeted tissue (120-122), leading to prospective treatments of brain tumors (including breast cancer metastasis) such as targeted agents, nanoparticles, and immunotherapies (123-126).

Laser interstitial thermal therapy (LITT)

LITT is another thermal therapy for intracranial lesions and epilepsy, and it was approved as an ablation therapy by the FDA in 2007 (127). The mechanism of LITT involves the release of thermal energy caused by light absorption and scatter, which raises the temperature to 50 to 100 °C and results in coagulation necrosis (128). LITT can be used to both achieve a pathological diagnosis and perform ablative therapy (129). Additionally, a major benefit of LITT is the shorter recovery time and hospitalization period, especially in asymptomatic patients. In contrast, a drawback of LITT is the risk of significant postablation edema, especially in patients with tumors of >9 cm³ (130-132). LITT is reportedly as effective as conventional surgical resection for recurrent irradiated brain metastasis (129). Clinical trials involving LITT showed improved survival in patients with recurrent metastatic brain tumors although the varied pathology of the metastatic lesions limited the interpretation (133). Because insufficient evidence is available to make a recommendation regarding the use of LITT at this time (134), further prospective studies are needed to demonstrate the utility of LITT.

Oncolytic virus therapy and gene therapy

Oncolytic virus therapy has been described as a prospective treatment option that selectively targets cancer. Various types of oncolytic viruses have been engineered to increase the effectiveness of this treatment and have been shown to improve the therapeutic effect in preclinical research (135,136). We have also evaluated combination therapy

with genetically engineered oncolytic viruses and systemic treatments such as molecular targeting drugs in mouse glioma models (*Figure 2A,B,C*) (137-139). Administration of talimogene laherparepvec into the tumor improved the durable response rates in a randomized phase III clinical trial (140), for which the FDA approved the use of this oncolytic virus for patients with recurrent melanoma. Moreover, phase I and II trials of HF10 in patients with malignant tumors, including recurrent metastatic breast carcinoma, have been successfully conducted (141). Although no oncolytic viruses have been approved for the treatment of brain tumors, we are now starting a phase I/II study evaluating the safety and effectiveness of Ad-SGE-REIC in patients with recurrent malignant glioma as gene therapy. Several recent reports have shown the effectiveness of oncolytic viruses against brain metastasis in preclinical models (142-144). Therefore, oncolytic viruses and gene therapy can be a clinically applicable therapeutic platform to target metastatic brain tumors from breast cancer.

Conclusions

The incidence of metastatic brain tumors from breast cancer has increased because of recent advancement in systemic treatment. Neuroimaging of metastatic brain tumors can estimate the molecular subtypes of breast cancer, which predicts the aggressiveness of the tumor. Surgical resection continues to play an important role in patients with a limited number of brain metastases and a relatively good performance status. *En bloc* tumor resection is basically recommended to prevent leptomeningeal disease. We predict that recent advancements in supporting neurosurgical tools and technologies will greatly improve the local control rate of brain metastasis. Many preclinical reports have described thermal therapy, oncolytic viral therapy, and gene therapy. In the near future, novel treatment modalities will emerge and evolve into standard treatments.

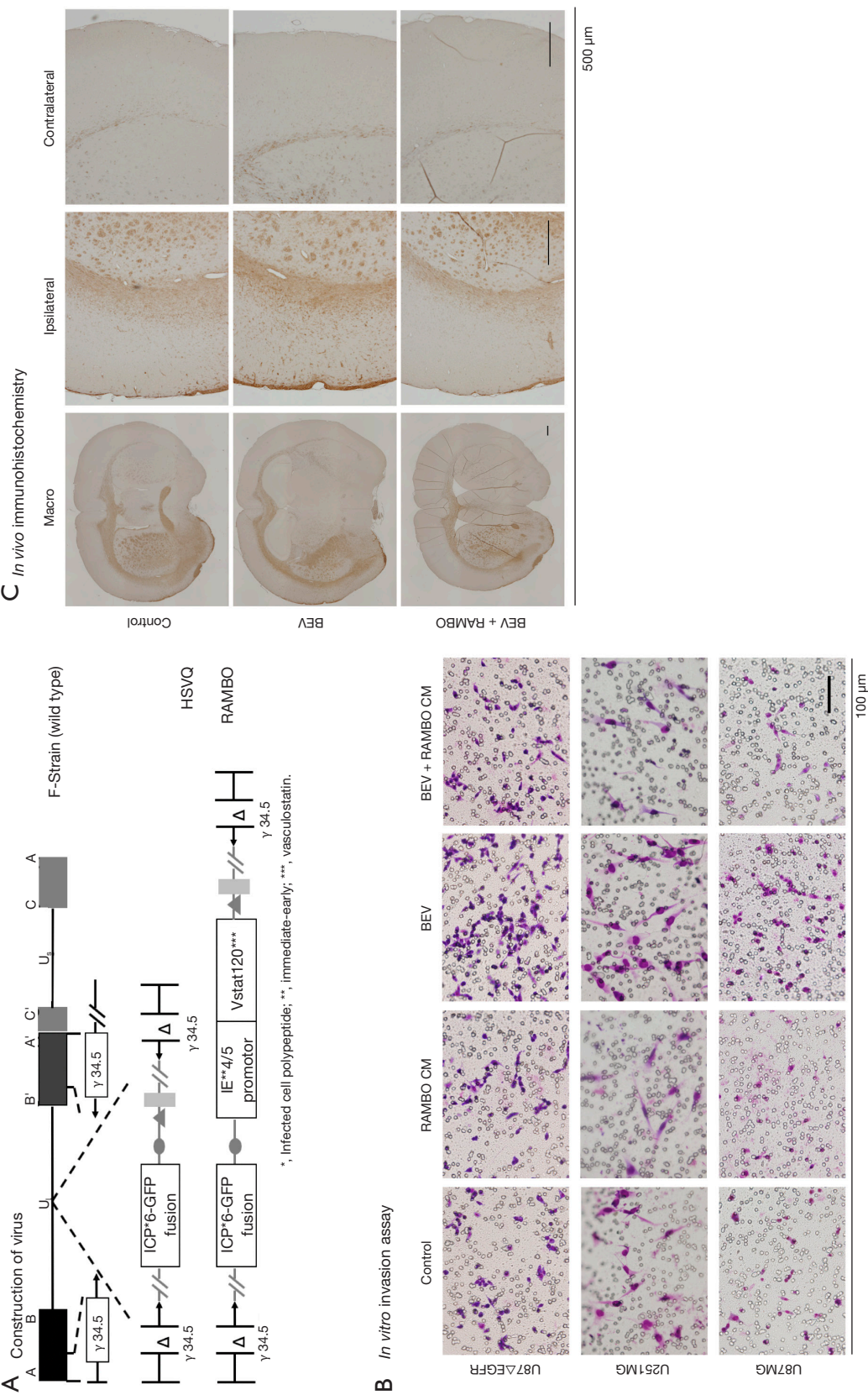


Figure 2 Experimental research involving oncolytic herpes viruses. (A) Construction of oncolytic herpes viruses. Compared with the wild type, HSVQ exhibits fusion of the ICP6 protein with green fluorescent protein and lack of the gamma34.5 gene. RAMBO is composed of the cDNA encoding human vasculostatin, driven by the intrinsic promoter, within the backbone of HSVQ; (B) representative images from *in vitro* double-chamber assay. Glioma cell migration was assessed under treatment with bevacizumab or RAMBO. Bevacizumab significantly increased migrating cells, whereas combination therapy with bevacizumab and conditioned medium from RAMBO-infected glioma cells significantly decreased glioma migration; (C) *in vivo* immunohistochemistry staining with human leukocyte antigen. Diffuse invading glioma cells were injected into mice brain tissue followed by intraperitoneal bevacizumab injection and intratumoral RAMBO injection. Mice were killed 50 days after tumor plantation. Bevacizumab increased invading cells in the subcortical lesion, but addition of RAMBO significantly decreased these cells. HSVQ, attenuated herpes virus; RAMBO, rapid angiogenesis mediated by oncolytic virus; BEV, bevacizumab. Adapted from Tomita Y, Kurozumi K, Yoo JY, *et al.* Oncolytic herpes virus armed with vasculostatin in combination with bevacizumab abrogates glioma invasion via the CCN1 and AKT signaling pathways. Mol Cancer Ther 2019;18:1418-29; with permission.

Acknowledgments

We thank Angela Morben, DVM, ELS, from Edanz Group (www.edanzediting.com/ac), for editing a draft of this manuscript.

Funding: None.

Footnote

Provenance and Peer Review: This article was commissioned by the Guest Editors (Tadahiko Shien and Kaori Terata) for the series “Loco-regional therapy for metastatic breast cancer” published in *Translational Cancer Research*. The article was sent for external peer review organized by the Guest Editors and the editorial office.

Conflicts of Interest: All authors have completed the ICMJE uniform disclosure form (available at <http://dx.doi.org/10.21037/tcr.2020-03.68>). The series “Loco-regional therapy for metastatic breast cancer” was commissioned by the editorial office without any funding or sponsorship. The authors have no other conflicts of interest to declare.

Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

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Cite this article as: Tomita Y, Kurozumi K, Fujii K, Shimazu Y, Date I. Neurosurgery for brain metastasis from breast cancer. *Transl Cancer Res* 2020;9(8):5063-5076. doi: 10.21037/tcr.2020.03.68